

Updated GLTC COVID-19 PLAYING GUIDANCE

1. Singles or doubles play allowed between players from the same household/ different households with social distancing.
2. Coaching sessions allowed for groups up to six people including the coach with social distancing.

There will currently be no open social groups running ,only organised pre-arranged games on booked courts.

Courts must be booked (Max 2 hours per session) in advance by telephoning Club Secretary **Tel No. 07742 850348**. This is to manage an interval between various members coming and going. Please leave by your designated time and don't socialise in the car park etc. Keep 2 metre distance on and off courts. Do not offer lifts to non household players.

Nets have been correctly adjusted and handles removed

The clubhouse is only to be used for the following reasons as per LTA Guidance:

- Use of Toilet/Hot water hand washing
- First Aid Kit

Only one person at a time is allowed into the clubhouse. Please use Anti Bacterial wipes provided to clean any surface you have touched including door handles and deposit used wipes in the bin beside Court 5. Do not flush them down toilet. Also please indicate by ticking and dating form (on table at entrance) that you have used clubhouse (for cleaning purposes). No name is required.

It is recommended that you mark your tennis balls , however you can now use one set for the court you are on as long as you wash/sanitise your hands before and after play. Do not chase balls if they stray onto another court unless you can keep social distance from other players.

Use your racket or feet to return your opponents balls after a rally or any stray balls from other courts. Please use your own racket /water bottle/towel.

Avoid physical contact such as hand shakes/ high fives and change ends in a clockwise direction.

The entry gate padlock will be opened first thing in the morning and locked at the end of the night by a committee member. However , please

bring your keys with you in case this has not been possible and then wash/ sanitise your hands.

Please leave the court gates ajar when playing to avoid unnecessary touching of the handles by players.

Players are requested to wash/ sanitise their hands before and after play. If you can bring your own sanitiser with you this would be much appreciated, however there are bottles of hand gel available for use at each gate and in the clubhouse. Hot water and soap is also available in the clubhouse.

Players should avoid touching their faces and use tissues/ upper arm if they need to sneeze or cough.

Do not attend the club if you are feeling unwell or displaying any Covid symptoms. Committee members have completed a risk assessment and have implemented the above measures as per Government/ LTA guidelines. LTA playing guidance has been circulated to all members and a hard copy is available to read in the clubhouse. Measures will be reviewed as the guidance change and we thank you for your understanding and co-operation.

Please note that all players attend the club at their own risk

Mandy Driver

Safeguarding Officer

On behalf of Committee